



Beyond Beliefs: The Lost Teachings of Sydney Banks

Linda Quiring

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After publication of "Island of Knowledge" Sydney Banks and Linda Quiring began work on a second book, "Beyond Beliefs." While the first book detailed Linda's experience and life changes after becoming a student of Syd's, the following years saw dramatic change on Salt Spring Island. Sydney Banks' initial and revelatory experience brought scores of young and idealistic spiritual seekers to the Island to hear Syd's teachings and become his students. As his reputation spread, mainstream people came to join what was to become a fairly large following of students. As word spread further of the amazing events taking place, psychologists and other professionals came to experience firsthand the healing effect Syd's message had on others. Banks came to believe that his message could change psychology forever. In "Beyond Beliefs" Syd speaks with psychologists, outlining his radical ideas about the mind and its dysfunction. Some of them are dismissive of this ordinary, uneducated Scottish man's wisdom; others are mesmerized, become ardent life-long students and carry his message into their practices. "Beyond Beliefs" contains the original teachings Sydney Banks shared with these mental health professionals and others.

About the Author

Linda Quiring and her husband Bill live on a small farm on Salt Spring Island, British Columbia where they grow heritage apples and keep bees. Recently retired after 35 years making Artisan soaps and body care products, Linda is the author of "Island of Knowledge" and "Beyond Beliefs: The Lost Teachings of Sydney Banks," and is working on her third book.

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Lidia Hill:

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Winford Patterson:

Spent a free time to be fun activity to do! A lot of people spent their down time with their family, or their own friends. Usually they performing activity like watching television, gonna beach, or picnic in the park. They actually doing same thing every week. Do you feel it? Do you want to something different to fill your own free time/ holiday? Can be reading a book may be option to fill your free time/ holiday. The first thing you ask may be what kinds of e-book that you should read. If you want to consider look for book, may be the reserve untitled Beyond Beliefs: The Lost Teachings of Sydney Banks can be good book to read. May be it may be best activity to you.

Michael Earl:

Playing with family in the park, coming to see the sea world or hanging out with buddies is thing that usually you might have done when you have spare time, and then why you don't try issue that really opposite from that. One particular activity that make you not sensation tired but still relaxing, trilling like on roller coaster you have been ride on and with addition details. Even you love Beyond Beliefs: The Lost Teachings of Sydney Banks, it is possible to enjoy both. It is very good combination right, you still want to miss it? What kind of hang type is it? Oh can occur its mind hangout folks. What? Still don't buy it, oh come on its referred to as reading friends.

Taylor Becker:

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