



Yummy Supper: 100 Fresh, Luscious & Honest Recipes from a Gluten-Free Omnivore

Erin Scott

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Every health-related culinary trend reaches a tipping point at which it must either evolve or become a cultural cliché; in the case of gluten-free eating, award-winning blogger Erin Scott is the new face of modern, fresh, gluten-free cooking and living. With influences ranging from a career in the high fashion and design industries to 25 years living in Berkeley, CA, in the shadow of Chez Panisse, Erin has devoted her life to family-friendly gluten-free cooking as realized through fresh, seasonal, real food; honest ingredients; and simple and delicious recipes devoid of the usual gums normally used as fillers in stodgy gluten-free cooking.

The first gluten-free cookbook so enticing that it transcends the genre, *Yummy Supper* is about bounty, flavor, and fun. Based on Scott's award-winning blog of the same name, it has the same clean, gifty visual aesthetic. These are recipes that emphasize naturally gluten-free ingredients and, like her blog, will appeal not only to gluten intolerants and celiacs but also to anyone just looking for a great recipe.

With practical chapters like "Slurp," "Nut," "Egg," and "Sea," Scott's book covers the entire family meal with instructions and asides that are flexible, playful, and tasty, and it includes mouthwatering dishes such as Watermelon Punch with Fresh Lime and Mint, Poached Eggs with Lemony Spinach & Crispy Hash Browns, Parmesan Polenta with Garlicky Rapini and Black Olives, Peanut Butter Cups with Dark Chocolate and Flaky Sea Salt, and much more.

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