



Garden to Table: A Kid's Guide to Planting, Growing, and Preparing Food

Katherine Hengel

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Fill your plate with fresh, self-sustained produce that comes straight from your garden. Step-by-step planting, care and harvesting tips give the beginning gardener a good basic understanding of the growing process.

Over 30 delicious recipes made with basil, carrots, green beans, leaf lettuce, potatoes, and tomatoes, complete with step-by-step photos, bring your homegrown foods to the table to share with others.

Incorporating unique flavors and easy-to-grow veggies, these simple recipes will have you asking for seconds!

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Robert Mangino:

Spent a free time and energy to be fun activity to try and do! A lot of people spent their spare time with their family, or their particular friends. Usually they doing activity like watching television, gonna beach, or picnic in the park. They actually doing same thing every week. Do you feel it? Would you like to something different to fill your free time/ holiday? Could be reading a book is usually option to fill your free time/ holiday. The first thing you will ask may be what kinds of e-book that you should read. If you want to try out look for book, may be the publication untitled Garden to Table: A Kid's Guide to Planting, Growing, and Preparing Food can be very good book to read. May be it could be best activity to you.

Meghan Drucker:

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