



# Science for Seniors: Hands-On Learning Activities

*Gloria Hoffner*

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## **Science for Seniors: Hands-On Learning Activities** Gloria Hoffner

Science for Seniors is based on one belief: We are never too old to learn. Science for Seniors shows activity leaders how to provide stimulating science activities that provide both entertainment and enlightenment, as part of a life-long learning process.

Written in an informative and easy-to-follow style, Science for Seniors gives basic science information and hands-on programs that activity directors or therapists can use with seniors of all intellectual and physical abilities.

Some of the topics covered in the book are volcanoes, oceans, global warming, rain forests, and outer space. With each subject, Science for Seniors provides step-by-step directions to a unique experiment or demonstration using ordinary household items. Resource material and opportunities for further study let participants continue the learning process after the basic program is completed.

In addition to the hands-on activities, Science for Seniors is geared towards engaging residents by providing them with science trivia and questions to spark conversations.

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