

# Live Strong: Inspirational Stories from Cancer Survivors-from Diagnosis to Treatment and Beyond

The Lance Armstrong Foundation

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Survivors from all walks of life talk about what "living strong" in the face of cancer means to them.

Since the now ubiquitous LIVE**STRONG**<sup>TM</sup> wristbands became available in May 2004, the Lance Armstrong Foundation has raised more than \$50 million for cancer survivorship programs, and the signature phrase has become a battle cry for those who fight the disease every day.

Now, the Lance Armstrong Foundation has compiled, from hours of videotaped interviews, poignant and dramatic personal accounts from cancer survivors. Covering a wide range of subjects, from grief to spousal relationships, employment discrimination to coping with medical bills, infertility to fear of recurrence, survivors share their experiences and speak candidly about how cancer has impacted their lives. For twenty-four-year-old Amy it's how her illness changed her relationship with her parents. Mike, a male survivor of breast cancer, talks about gender stereotypes and genetic testing. And Eric, the father of a five-year-old survivor of a brain tumor, recalls how friends and strangers helped his family with financial issues and how the experience brought him and his wife closer together.

While heartbreaking at times, these powerfully honest stories are ultimately uplifting and extremely reassuring to patients and their families. They offer the wisdom and hope that only survivors can give. *LiveStrong* is a remarkable testament to the resilience of the human spirit.

From the introduction by Lance Armstrong:

My work with the LAF shows me daily that sharing our stories and learning from one another's experiences helps us cancer survivors continue to survive. Some people think the cancer experience is only about the diagnosis and treatment of cancer, as if after the disease goes into remission, it no longer exists. But survivorship goes beyond remission. Survivorship is an evolution.



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#### **Bruce Delvalle:**

People live in this new day time of lifestyle always try and and must have the extra time or they will get great deal of stress from both everyday life and work. So , if we ask do people have extra time, we will say absolutely sure. People is human not really a huge robot. Then we question again, what kind of activity do you have when the spare time coming to an individual of course your answer can unlimited right. Then do you ever try this one, reading books. It can be your alternative with spending your spare time, often the book you have read is definitely Live Strong: Inspirational Stories from Cancer Survivors-from Diagnosis to Treatment and Beyond.

#### **Connie Nixon:**

Playing with family in a very park, coming to see the water world or hanging out with pals is thing that usually you may have done when you have spare time, then why you don't try factor that really opposite from that. Just one activity that make you not sense tired but still relaxing, trilling like on roller coaster you are ride on and with addition of knowledge. Even you love Live Strong: Inspirational Stories from Cancer Survivors-from Diagnosis to Treatment and Beyond, you can enjoy both. It is very good combination right, you still wish to miss it? What kind of hangout type is it? Oh come on its mind hangout men. What? Still don't obtain it, oh come on its named reading friends.

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