



18 Buddha Hands - Wall Chart - Louie Jack Man Sifu Southern Praying Mantis

Roger D. Hagood

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18 Buddha Hands - Louie Jack Man Sifu

18 Buddha Hands - Wall Chart; Sifu Louie Jack Man

This wall chart accompanies the hardcover book "Eighteen Buddha Hands" featuring Louie Sifu.

Add this wall chart showing 18 Buddha Hands to your School or training room wall. An excellent reminder and instruction in the 9 defensive and 9 offensive hands at a glance. Good for the novice and apprentice!

Wall Chart / Poster 12" x 18" Standard frame Premium full color, poster stock Portrait Orientation Ships from WA, USA within 72 hours

Useful Wall Charts for School or Training Room walls

This poster should be used in conjunction with the book, "18 Buddha Hands" listed on Amazon (search SOUTHERN MANTIS PRESS)

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