



# **How To Make Essential Oils Useful: The Beginner's Guide For Aromatherapy, Ultimate Health, And Ageless Beauty With Essential Oils**

*Natalie Greene, Little Pearl*

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*Natalie Greene, Little Pearl*

**How To Make Essential Oils Useful: The Beginner's Guide For Aromatherapy, Ultimate Health, And Ageless Beauty With Essential Oils** Natalie Greene, Little Pearl  
**How Natural Essential Oils Changed My Life In 24-Hours**

In 2006 I was on the verge of giving up. A busy mother of two with chronic pain that lead to chronic depression, I didn't see how things could get better, so I started looking for a way out. My kids at school, my husband at work, I found myself with a day at home, given to me by my boss who had recently become concerned with my health.

Urged by my mother's friend to try essential oils, I reluctantly took this day to explore the set of oils that had sat in a wooden box on a shelf in my home for nearly a year now.

**24-hours later, I was a new person.** Hooked on the power of essential oils and obsessed with discovering new ways to naturally improve my health, I dove in head first and have never looked back.

Natural essential oils are one of the most traditional and time-proven ways to heal your body, reset your mind, boost your health, and nourish your spirit. Used for centuries, oils have a long documented history with cultures around the world.

*How To Make Essential Oils Useful* is the perfect guide for anyone interested in discovering the healing powers of essential oils. Whether looking for an aromatherapy guide, wanting to discover how to use oils to cure ailments and health conditions, or just looking for a natural and effective source of ageless beauty, this book has you covered.

**Inside you will learn how to use essential oils for things like:**

- \* **Improving How The Brain Functions And Boosting Memory**
- \* **Increasing Sexual Desire**
- \* **Easing Muscular Pain, Cramps, Arthritis, And Other Inflammation In The Body**
- \* **Stopping Bleeding And Healing Cuts And Wounds**
- \* **Improving The Appearance Of Cellulite, Varicose Veins, Fine Lines, And Wrinkles**
- \* **Helping Ease The Effects Of Depression, Including Postpartum Depression**
- \* **Crying Babies And Colicky Infants**
- \* **Recovering From Food Poisoning, Fever, Flu, And Colds**

\* **Helping Individuals Who Suffer From Insomnia**

\* **Treating Symptoms Of Menopause And Premenstrual Syndrome (PMS)**

\* **Altering Mental States With Aromatherapy**

\* **Improving The Growth And Condition Of Hair**

**And So Much More!**

Clearly written and organized with a highly functional index so that you can easily reference nearly **50 essential oil profiles** and over **140 health conditions** that can be treated and improved with essential oils, *How To Make Essential Oils Useful* is a companion no one should go without - and unlike any other available on the market now!

Don't wait another day to start living a healthier, happier life - all with the magic of essential oils!

**I'm so glad I didn't wait a minute longer than I did!**

Best Of Luck,  
Natalie

**Buy Now With 1-Click And Start Enjoying The Benefits Of Essential Oils Today!**

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