



Purpose

Sue Fitzmaurice

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Purpose is the kind of book you wish you had had when you were starting out in life. Fortunately, it's never too late to live your purpose. Sue Fitzmaurice provides us with an insightful as well as inspirational road map for the journey. ~Eleanor Brown, author of *Mile 9*

Many writers presenting thoughts about worthiness and finding one's purpose sound lofty and grandiose, like they're preaching from a pedestal. Not so with Sue. She presents complicated issues in an intelligent, clear cut manner coupled with an open approach that makes the journey to connecting to one's higher self and finding life's purpose easily accessible. Personally meaningful and great read. Well done! ~Ivy Tobin, actress and author of *My Life as a Doormat*

Sue is driven to help folks find their purpose in life. Using personal anecdotes, a grand and loving application of the Virtues, and a straightforward discussion of obstacles along your journey, she encourages a deep dive into the world of why you are here. The result: you, closer to your purpose. ~Dr Nancy Rainwater

Would you like to know more about what your life purpose is? Sue Fitzmaurice has created a wonderful road map for you to discover, explore and implement exactly what calls out to you – right now! Her writing is smart, snappy and straight-to-the point, and will guide you in discovering your true purpose, every step of the way. If you desire to create a life that is meaningful and valuable, don't hesitate to get *Purpose* – there is a wealth of wisdom in there, waiting just for you! ~Heather McCloskey Beck, author of the best-selling book *Take the Leap*

Sue asks the fundamental question “what is my purpose?” and proceeds to bravely light the way. The book's humanistic approach cleverly explores self-imposed limitations by dissecting tired beliefs and replacing them with empowering calls to action. Sue's voice is an unflinching beacon of hope addressing hard topics such as depression, loss, shame, and fear. Her eloquent writing and glimpses into personal experience offer the reader a smart and modern portrait for understanding the direct connection between spirituality and creating a life of meaning. ~Cindy Lamothe, writer, artist

In *Purpose*, Sue Fitzmaurice breaks down that vague word into practical, logical advice. If there's a part of your mind that doesn't believe you have a purpose, it will have a healthy argument here to believe you truly do. *Purpose* delves into the mind to discover where it may be blocked and how to nudge it forward. Excellent advice and well worth the read. ~Doe Zantamata, author of *Happiness in Your Life*

Sue Fitzmaurice has such a way with words that they sneakily enter your mind, cut straight to the core of your soul with razor sharp precision – forcing you out from your comfort zone and straight into a showdown with the one person in this world you NEED to confront and challenge – your Self. ~J.V. Manning, author of *The Other Side*

Sue's style of writing draws you in on a journey of self-discovery. This book is for anyone struggling with understanding the meaning of life or what their purpose is. Through her own experience she offers the readers a wealth of information from exploring the obstacles standing in the way of their purpose to practical tools for living a life of purpose. ~Di Riseborough, Intuitive Life Strategist; 'F-Word' Specialist, author of the best-selling book *Forgiveness: How to let go when it still hurts*

Written in Sue's inimitable style, with clarity, humour and humility, this book is must read for anyone endeavouring to seek a greater understanding of how to live life with a greater sense of gusto. No matter what your age, status or background this little book with a big heart gets to the root of how to live a more fulfilling and purposeful life no matter where you are in your journey. Purpose is practical, insightful, down to earth and a cracking good read! ~Caroline Ravenall, author of A guide for the spiritual worri

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