

Anxiety Disorder in Children: How to Recognize and Help Children Overcome Anxiety Disorder (anxiety in children, emotional disorder, anxious child, children fears, anxiety help, children phobias)

Natalie Hall

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Knowing that your child is suffering from anxiety disorder is truly heartbreaking. As a parent, you want your kid to have a happy and a carefree childhood. Unfortunately, the fact is anxiety in kids is real and it is slowly becoming a social malady nowadays. That's why Natalie Hall's Anxiety Disorder in Children is a timely book.

### In this book Natalie Hall:

- Takes an in-depth look on anxiety and how it can affect children for the rest of their lives.
- Offers valuable insights to help parents, teachers, and other authority figures recognize anxiety in kids.
- Provides a definitive guide for parents who are striving to help their children overcome anxiety disorder.
- Describes symptoms and the types of anxiety disorders that afflict children.
- Gives you a step-by-step solution to overcome children's anxiety through parental intervention, natural anxiety management, and effective in-the-moment remedies.

Anxiety Disorder in Children is a must-read for all parents who want an anxiety-free future for their children.

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