



Awakening in the Now: Accessing the Transformational Power of "Space Consciousness"

Eckhart Tolle

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The Key to Freedom for the “Thought-Possessed”

It’s easy to let anxious thoughts of scarcity and judgment rule the day. Eckhart Tolle brings us liberating news: our greatest relief can be found in the present moment. On *Awakening in the Now*, Eckhart offers teachings to help you transcend the compulsive thinking that keeps us from creating a better world. This illuminating audio session will deepen your experience of what Eckhart calls “space consciousness,” as you explore:

- Bringing a relaxed vigilance to your inner state in order to embrace emotions with compassionate awareness
- Finding freedom from the ego and the conditioned mind, which create illusions of need
- How to align with the Now—the ultimate container of the many “forms that come and go”
- Awakening to the essence of yourself and others—the timeless truth of existence itself

“Looking for your identity in the past or for fulfillment in the future is madness,” explains Eckhart Tolle. “If you want sanity, then the focus of your life must be the present moment.” *Awakening in the Now* is your opportunity to begin a life without struggle, where the joy of being pervades your actions, and “a blessing lives through you.”

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Molly Edwards:

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Frederick Cagle:

Playing with family inside a park, coming to see the water world or hanging out with close friends is thing that usually you will have done when you have spare time, after that why you don't try matter that really opposite from that. A single activity that make you not sensation tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of knowledge. Even you love Awakening in the Now: Accessing the Transformational Power of "Space Consciousness", you can enjoy both. It is great combination right, you still want to miss it? What kind of hangout type is it? Oh occur its mind hangout guys. What? Still don't buy it, oh come on its identified as reading friends.

Becky Duncan:

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