

# Just one more spin before I Stop!: HOW I BEAT MY GAMBLING ADDICTION

James Williams

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### Just one more spin before I Stop!: HOW I BEAT MY **GAMBLING ADDICTION**

James Williams

Just one more spin before I Stop!: HOW I BEAT MY GAMBLING ADDICTION James Williams I had seen my father gamble many times before, after observing his compulsive habits and seeing his obsession consume him I vowed as a child to never start gambling. How then did I find myself as an adult surrounded by both old and young addicts frittering away everything they had in mere minutes? This is my story of how gambling addiction consumed me and how I fought back to finally exorcise my gambling demons.



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