



# **Virtues and Vices in Positive Psychology: A Philosophical Critique**

*Kristján Kristjánsson*

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# Virtues and Vices in Positive Psychology: A Philosophical Critique

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## **Virtues and Vices in Positive Psychology: A Philosophical Critique** Kristján Kristjánsson

Positive psychology is one of the biggest growth industries in the discipline of psychology. At the present time, the subfield of "positive education" seems poised to take the world of education and teacher training by storm. In this first book-length philosophical study of positive psychology, Professor Kristján Kristjánsson subjects positive psychology's recent inroads into virtue theory and virtue education to sustained conceptual and moral scrutiny. Professor Kristjánsson's interdisciplinary perspective constructively integrates insights, evidence, and considerations from social science and philosophy in a way that is easily accessible to the general reader. He offers an extended critique of positive psychology generally and "positive education" in particular, exploring the philosophical assumptions, underpinnings, and implications of these academic trends in detail. This provocative book will excite anyone interested in cutting-edge research on positive psychology and the on virtues that lie at the intersection of psychology, philosophy of mind, moral philosophy, education, and daily life.

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