



On Children and Jealousy: Helping Children Cope With Jealousy and Boosting Their Confidence (Insecurity & Self-Esteem)

Sophie Banks

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If you have a child, then the chances are that at some point or other you have tackled the topic of the green eyed monster – jealousy. Jealousy can be a very destructive force for any individual, but for a child (and as a parent) it can be a particularly difficult topic to broach. Unlike many books on the topic, “On Children and Jealousy: Helping Children Cope with Jealousy” is a book designed to help you to not only broach, but also to resolve and learn from your child’s experiences with jealousy. “On Children and Jealousy: Helping Children Cope with Jealousy” takes a look at all aspects of jealousy, not only the fact that it exists in children, but also how children display their jealous feelings and what you can do about it as a parent. This book includes a number of helpful tips to help you and your child to move past jealousy. As you journey through “On Children and Jealousy: Helping Children Cope with Jealousy” you will find that you not only learn some great tips for helping your child to process jealousy and turn it into positive emotions, but you will also learn how you can serve as a role model for your jealous child.

Here is a preview of what you will learn from this book:

- Negative and positive aspects of jealousy
- Exercises for jealous children
- How to react to jealousy as a parent
- A special feature-length on coping with sibling jealousy
- And Much More

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