



**Energies In My Body... The Greatest Blessings Of
My Life!!!: A Transformational (Or A Re-Union)
Journey of Discovery of Self... (Love... What Is
It??? ... Journey to Getting to know Me...) (Volume
1)**

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A story about this magnificent life journey in which I was able to finally get to know Me, and in the process totally change my body weight, my personality traits, my health issues, my habits, my relation to my emotions and my Spirituality... Yes! I was able to do this after 42 years of trying... After 42 years of feeling almost totally disconnected from this world... And if I was able to travel this distance from one "extreme" to the other (from depression to Happiness... from obesity to normal body weight... from sadness to Joy... from high blood pressure and arthritis to Perfect Health... from apathy to Eagerness...), so can you!!!! "It is ALL inside of you!!!"

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