



# The JOY of Losing Your Job

*Christina DeOliveira*

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## **The JOY of Losing Your Job** Christina DeOliveira

Could losing your job actually be the best thing that ever happened to you? When you're downsized, it's easy to sink into despair; it can feel like the bottom has fallen out of your entire life. But the reality is, when you're freed from the shackles of the 9-to-5 grind, you suddenly have the opportunity to find a future that's genuinely fulfilling – a future that can bring you a sky-high level of satisfaction that can last a lifetime. In *The JOY of Losing Your Job*, CEO and certified coach Christina DeOliveira brings you the touching, inspirational and uplifting stories of some special people who toughed out their terminations and pursued the life dreams that up until then had been beyond their reach. Through their moving first person accounts, you'll discover how each of them transformed their life, discovered their true purpose and came to realize that being "let go" allowed them to let go of a stifling lifestyle that prevented the development of their full potential. More importantly, their stories will provide you with the eye-opening life lessons they learned the hard way while struggling to regain their professional footing. You'll see for yourself how these simple but powerful insights took them to the next level – and how they can do the same for you. *The JOY of Losing Your Job* also provides you with access to a wide array of resources to help you if you're going through your own difficult career transition, including Virtual Learning programs, the author's favorite affirmations, useful books, and recommended support organizations and networks as well as a series of career questions that can help you hone in on what you really want out of your professional life. Getting fired doesn't have to be the end of the world. Instead, it can signal the beginning of an exciting new life journey, a journey that can bring happiness, fulfillment and a real sense of purpose in its wake. You don't have to be laid off to appreciate *The JOY of Losing Your Job* and find HOPE Beyond Blood, Sweat and Tears – because its pages offer timeless and transformative wisdom to anyone who's ready to make miraculous change in their life.

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