



# **Ketogenic Breakfast Recipes: 25 Easy to Make and Delicious Low-Carb Breakfast Recipes To Reduce Your Weight (Ketogenic Breakfast Recipes, Breakfast Recipes books, Ketogenic recipes)**

*Carlos Hill*

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This is a book which offers a starting point from which anyone can propel him/herself into the ketogenic diet. This is the holy grail of diets, with a proven track record of producing significant results in an amazingly short time! With this book, you can get your foot in the door of this 100% safe, 100% effective diet plan, to see if you are ready to take the plunge and change your life!

If you didn't know, the ketogenic diet is designed to transform your body's metabolic system from a sugar-guzzling, inefficient process to a fat-melting super-computer! It is all scientifically proven, and the benefits go way beyond merely burning fat.

### **By purchasing this book, you will:**

- Get detailed, but easy to understand, information about what the ketogenic diet is and how it melts away fat so effectively
- Be presented with 25 varied and delicious recipes to make ketogenic-approved breakfasts that will keep you motivated to persevere with your diet
- Find answers to any questions you may still have once you know the facts about the ketogenic diet

Go ahead – make the decision to convert your body from a sugar-craving burden into a fat-burning, fuel-efficient machine that allows you to look and feel at your best!

## **Getting Your FREE Bonus**

Download this book, and find "**BONUS: Your FREE Gift**" chapter right after the introduction or after the conclusion.

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