



Summary of How to Be Here: by Rob Bell | Includes Analysis

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Preview:

How to Be Here by Rob Bell is an inspirational self-help book on living an authentic life filled with meaning, purpose, and joy. The genesis of How to Be Here was a concussion that Bell, a pastor and motivational speaker, experienced while water-skiing. For a week after the accident, his head injury impaired his ability to access regrets of the past or worry about the future. Instead, he found himself fully, delightfully present in his life as if for the first time. This profound experience helped Bell develop the concept of being present and sparked a desire to share this kind of awareness with others.

Each person has a unique path, one that cannot be scripted by external markers of success. It's possible to be creative in every facet of life and to actively shape our existence by pursuing passions and remaining present instead of ascribing to the idea that life happens to us...

PLEASE NOTE: This is key takeaways and analysis of the book and NOT the original book.

Inside this Instaread Summary of How to Be Here

- Overview of the book
- Important People
- Key Takeaways
- Analysis of Key Takeaways

About the Author

With Instaread, you can get the key takeaways, summary and analysis of a book in 15 minutes. We read every chapter, identify the key takeaways and analyze them for your convenience.

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Patrick Vanmeter:

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