



The Bounce Back: A Journey Through Trials and Triumphs

Dr. Terri G. Trent

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In this frank, moving testimonial, readers will immediately be struck by the realization that life does not discriminate when it comes to doling out difficulties. This holds true, even for a family regarded as a model among its peers. Challenges are revealed as the main character shares an intimate peek into a very turbulent year in her family's life. From the near death experience of her son, to learning of her daughter's molestation at the hands of a family member, her description of the situations are so compelling that you, the reader, will find yourself fully immersed in the emotional roller-coaster ride of circumstances. Yet, in the midst of the trauma, the author shares strategies for using a "mustard seed faith" in God to cope with numerous obstacles, and, in the process, develop the resilience needed to bounce back from stressful experiences, and maintain a hopeful outlook on life. With this book, readers will glean a spiritual perspective on maintaining equilibrium when life throws a curveball, as well as practical, biblical-based advice for rebounding from life's difficulties.

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